Transition to Adulthood: A Resource for Assisting Young People with Emotional or Behavioral Difficulties

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Young Adult; Adolescent; Adolescent Health Services; Child; Child Health Services; Mental Disorders; Mental Health Services

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Abstract
Summary: A guidebook with methods for helping young people with emotional or behavioral difficulties move into the world of career-oriented education, work, and independent living. With young adults bringing their own experience and perspective to each chapter as co-authors, the book guides you through interventions for key issues, including drug and alcohol use, changing peer and family relations, anger and impulse management, crime, and school dropout.

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Comments
Maryann Davis also co-authored the following chapters in the book: Transition: A time of developmental and institutional clashes (p. 3-28); Clinical and substance abuse treatment: Applications in the trenches (p. 133-154); Transition coordination: Helping youth and young adults pull it all together (p. 155-178); and, Transition: Current issues
The appalling young-adult outcomes of youth with serious emotional disturbance who are served in public systems demonstrate a failure of standard services to address the unique needs of these youths during their transition from adolescence to adulthood. This article discusses the needs of this population and the current ability of mental health and other relevant agencies to meet those needs. The contrast between needs and system status is presented through a framework of contrasting developmental and institutional transitions. This article reviews the barriers to effective system reform, and